



Veteran Student Newsletter

September 2019



UPCOMING EVENTS

Vocational Rehabilitation and Employment Program News:

VR&E's tele-counseling service is fully capable. Tele-counseling, which is accessible on any device with a webcam and microphone, allows you to meet with your Vocational Rehabilitation Counselor virtually through VA Video Connect!

FREE "FAMILY TO FAMILY" CLASSES

Tuesday nights, every two weeks
9/17/19 – 11/26/19
Ukiah, CA

This is a free class for family members of individuals struggling with mental illness. Provided by the Mendocino Chapter of National Alliance on Mental Illness, each week a different topic is covered including symptoms of major mental illness, medications and side effects, empathy, self-care, communication skills, crisis interventions, and setting limits.

More information: Jan 707-468-8632
or Donna 707-391-6867



Paul Bunyan Days 2019

Friday, August 30 – Monday, September 2nd
Fort Bragg, CA

This family friendly festival includes 4 days packed with 30 different free, or almost-free events. Have fun at this celebration of coastal history with Paul and Babe the Blue Ox! Compete with friends in the pole climb, pillow fights, or ax throw. Enjoy the BBQ, and the original ugly dog contest.

More Information and schedule of events: <https://paulbunyandays.com/>

Clear Lake Seaplane Splash and Fly In

Saturday, September 7th, 9AM – 10:30PM
810 North Main Street, Lakeport, CA

This event includes activities such as aerial demonstrations, sea planes on display for public viewing, vintage military aircraft, Clear Lake Modelers' models and simulator, industry vendors, and food and beverages!

Cost: FREE

More information: Lake County Chamber of Commerce 707-263-5092

Operation Tango Mike Annual Ladies Luncheon Fundraiser

Saturday, September 7th, 12:30PM - 3:30PM
Oak Manor (The Hornbys Garden)

Lakeport, CA

This event is to honor the memory of Naomi Bruce. Enjoy a wonderful catered lunch with entertainment, live and silent auctions. Proceeds benefit Operation Tango Mike in the ongoing mission of shipping monthly care packages to deployed military personnel.

Cost: \$35 per ticket

More information: 707-489-2594

Heroes Appreciation Luncheon

Wednesday, September 11th, 11AM – 2PM
Forks Ranch Market

3152 North State St., Ukiah, CA

Free lunch for all first responders and military personnel hosted by Johnny & Gloria Keys and the Mendocino Public Safety Foundation.

Cost: FREE

More information: 707-463-4085

Lake-Mendocino Veteran Stand Down & Homeless Veteran Resource Fair

September 18th & 19th, 9AM - 4PM
Lake County Fairgrounds

401 Martin St., Lakeport, CA

Free services include health screenings, estate planning, employment assistance, public benefits and more! Lunch provided.

Free transportation, contact 707-994-3334. Veteran I or DD-214 will be your ticket to fairgrounds.

Cost: FREE

More Information: Frank Parker 707-274-9512