



MENDOCINO COLLEGE

Veteran Student Newsletter

February 2021



RECENT NEWS

Work towards a successful virtual spring semester with these upcoming Mendocino College workshops!

Find spring workshop schedule here:

<https://www.mendocino.edu/student-services/workshops>

Topics include FAFSA, interviewing, scholarship essays, building resiliency, resume building, and more!



Follow Us!

<https://www.facebook.com/mendocinovrc/>

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ONLINE RESOURCES/EVENTS

Attend a Behavioral Health and Recovery Services Community Support Group!

Various dates in February

Online via ZOOM

Mendocino County Behavioral Health and Recovery Services supports the well-being of families, friends, and colleagues. As we all continue to adapt to the unprecedented challenges caused by the COVID pandemic, it is important to have extra support to deal with anxiety, stress, emotions, etc. to remain safe and healthy. As a result, Behavioral Health and Recovery Services offers a variety of support groups in English and Spanish for your benefit.

Cost: Free!

View schedule:

<https://www.mendocinocounty.org/home/showpublisheddocument?id=40261>

Contact: (707)-472-2311

Attend a Money Management Virtual Event!

Wednesday, February 10th, 10AM-11AM

Online via ZOOM

Join the Cohen Clinic at Metrocare Services and Superior HealthPlan for a virtual money management workshop. Learn tips for money management and financial literacy.

Cost: Free!

For more information and to register: <https://www.va.gov/outreach-and-events/events/money-management/>

Nor Cal Virtual Vet Net Workshop

Tuesday, February 16th, 10AM-12PM

Online via ZOOM

Join to learn about the VA Medical Foster Home Program. A VA representative will talk about this outstanding program.

For more information and to register: <https://www.eventbrite.com/e/nor-cal-virtual-vet-net-workshop-tickets-139042948201?aff=ebdsoporgprofile>

MORE VETERAN RESOURCES...

- ✚ Learn more about Veteran Discount and Scholarships at National University: Learn about tuition discounts and scholarships designed to reduce tuition expenses for veterans and their family members who are not using, or who do not have access to the Post-9/11 GI Bill or Fry Scholarship.

For more information and eligibility requirements: <https://www.nu.edu/admissions/financial-aid-and-scholarships/scholarships/veterans-spouses-and-dependents-scholarship/>

- ✚ Check out the United Veterans Council of Lake County website for regular events, latest news, and a variety of other important resources!
<https://www.uvclc.org/>

- Please contact mcooper@mendocino.edu for any questions about newsletter content or to be removed from the email list •